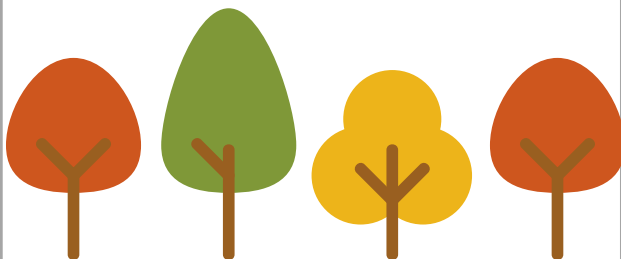


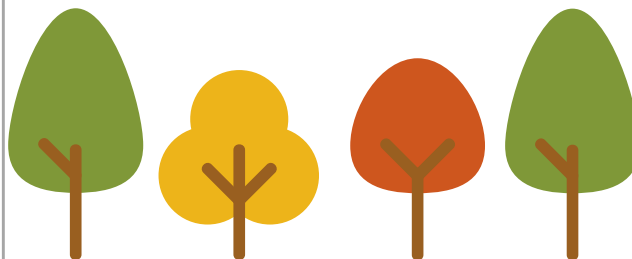
## Sunday - 10/13

- 8:00 - St. John's Lutheran Church Trip
- 8:30 - Calvary & Christ Lutheran Church Trip
- 9:00 - Calvary Live Streaming, Ch 88
- 10:00 - Virtual Catholic Mass, RC1
- 10:15 - First Pres. Church Trip
- 2:15 - La Vie en Rose, Prairie Fire Theatre Trip
- 3:00 - Vespers, RC3
- 7:00 - At Home Entertainment, The Most Amazing Places, Ch 88



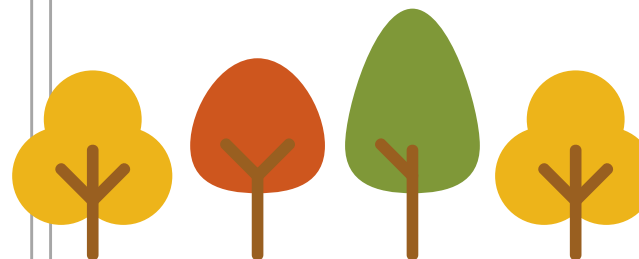
## Monday - 10/14

- Columbus Day  
Indigenous Peoples' Day**
- 9:00 - Flexible Fitness, RC2&3
  - 9:30 - Flexible Fitness, Ch 88
  - 10:00 - Bean Bags, SC
  - 10:00 - \*Cardio Drumming, WC
  - 11:00 - Body Balance, WC
  - 11:30 - AL Chair Exercise, AL3FSR
  - 12:15 - Volunteering at Midwest Food Bank Trip
  - 1:00 - Bible Study, RC1
  - 1:00 - Blood Pressure Checks, AL2FSR
  - 1:30 - AL Arts & Crafts, AL3FAR
  - 2:00 - Billiards with Andrew, AL2FEL
  - 3:00 - Bingo, RC1&2
  - 3:00 - Chair Chi, Ch 88
  - 3:00 - Chair Yoga, WC



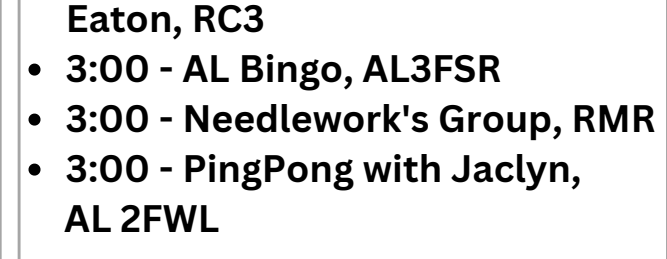
## Tuesday - 10/15

- 9:00 - Sit, Stand & Move!, RC2&3
- 9:30 - Sit and Fit, Ch 88
- 11:30 - AL Chair Exercise, AL3FSR
- 1:00 - Bunco Buddies, RC3
- 1:00 - Hands in Motion, Ch 88
- 1:00 - Hands in Motion, WC
- 2:00 - Advanced Cardio, WC
- 2:30 - Food Committee, RC1
- 2:45 - Line Dancing, AC
- 3:00 - Social Hour, CR



## Wednesday - 10/16

- 9:00 - Flexible Fitness, RC2&3
- 9:30 - AL Bean Bags, AL3FSR
- 9:30 - Flexible Fitness, Ch 88
- 10:00 - Coffee - "What I learned from doing therapy for 40 years" - Bruce Boeck, RC1&2
- 10:00 - Par-A-Dice Casino Trip
- 10:30 - Second Presbyterian Gathering, CR
- 11:00 - \*Advanced Balance, WC
- 11:30 - AL Chair Exercise, AL3FSR
- 1:00 - TED Talks, RC3: Vertical Farm by Stuart Oda
- 1:00 - Drawing with Lois, AC: "Drawing Warm Up Exercises and Techniques for Improving Eye-hand Coordination"
- 1:00 - \*Body Balance, WCBR
- 1:00 - Chair Yoga, Ch 88
- 1:30 - Vespers, MPR
- 2:00 - Bible Study with Dave Eaton, RC3
- 3:00 - AL Bingo, AL3FSR
- 3:00 - Needlework's Group, RMR
- 3:00 - PingPong with Jaclyn, AL 2FWL



## Thursday - 10/17

- 9:00 - Morning Walk, AL Bistro
- 9:00 - Chair Dance, Ch 88
- 9:15 - Morning Walk, SC
- 10:00 - Short Story, RC3: "The Judge's House" by Bram Stoker
- 10:00 - Resident Council, RC1&2
- 10:00 - \*Cardio Drumming, WC
- 11:30 - AL Chair Exercise, AL3FSR
- 1:00 - AL Blood Pressure Checks, AL3FSR
- 1:00 - Grief Group, AL Theater
- 1:00 - Hands in Motion, WC
- 2:00 - Silver Chords Rehearsal, RC3
- 2:15 - Catholic Mass, RC1
- 3:00 - Open Euchre with Leah, AC
- 3:00 - Social Hour, CR
- 3:00 - Shadow Boxing, Ch 88
- 7:00 - Bloomington Normal Community Concert Band SC

## Friday - 10/18

- 9:00 - Sit, Stand & Move!, RC2&3
- 9:00 - Sit and Fit, Ch 88
- 9:30 - Mornings with the Professors Zoom, Ch 88: "McHistory: The Podcast Partnership of the Past"
- 10:00 - Coffee, RC1&2: "ISU Agriculture Research Updates"
- 10:00 - Bible Study, AL3FWL
- 11:00 - \*Advanced Balance, WC
- 11:30 - AL Chair Exercise, AL3FSR
- 12:45 - Lois Jett Historic Costume Collection Trip
- 1:00 - \*Body Balance, WC
- 2:00 - Bridge, AL3FAR
- 2:00 - Bingo, RC1&2
- 5:30 - College Alumni Club Trip
- 7:00 - Movie & Popcorn, RC1&2

## Saturday - 10/19

- 9:00 - Shadow Boxing, Ch 88
- 10:00 - Arts & Crafts, AC: "Trick or Treat ... Ghosts and Witches"
- 1:00 - Open Art Studio Time, AC
- 2:00 - Bingo, AL3FSR
- 6:45 - Illinois Symphony Orchestra, Festive Fanfare Trip
- 7:00 - At Home Entertainment, Ch 88
- 7:00 - Movie & Popcorn, RC1&2

**Movie & Popcorn /  
At Home Entertainment**

10/13: SUNDAY - 7:00, Ch 88: "Wonders of Italy, The Most Amazing Places in Italy"

10/18: FRIDAY-7:00, RC1&2: "U-571" (2000, PG-13) War

10/19: SATURDAY - 7:00: Ch 88: "Waiting for God - Cheering Up Tom"

RC1&2: "You are SO NOT Invited to My Bat Mitzvah" (2023, PG-13) Coming of Age, Comedy

10/20: SUNDAY - 7:00, Ch 88: "George Carlin: George's Best Stuff" (1996, TV-MA) Comedy



AC	Arts and Crafts
CR	Club Room
FFP	Foundation Fountain Park
FGW	Foundation Garden Walk
RC	Resident Center
RMR	Resident Meeting Room
SC	Social Center
WC	Wellness Center
AL	Assisted Living
2FEL	2nd Floor East Lounge
2FWL	2nd Floor West Lounge
2FSR	2nd Floor Sunroom
DR	Dining Room
3FAR	3rd Floor Art Room
3FCR	3rd Floor Card Room
3FSR	3rd Floor Sunroom
3FEL	3rd Floor East Lounge
3FWL	3rd Floor West Lounge
MPR	Health Center Multi-Purpose Room



### Bargain Boutique Hours

Tuesday: 10:00 a.m. - 12:00 p.m.  
 Wednesday: 1:00 p.m. - 3:00 p.m.  
 Saturday: 9:00 a.m. - 12:00 p.m.