

Sunday - 01/19

- 8:00 - St. John's Lutheran Church Trip
- 8:30 - Calvary United Methodist & Christ Lutheran Church Trip
- 10:00 - Virtual Catholic Mass, RC1
- 10:15 - First Presbyterian Church Trip
- 3:00 - Vespers, RC3
- 3:45 - Hymn Sing with James Ingold, RC3
- 7:00 - At Home Entertainment, Ch 88

Monday - 01/20

Inauguration Day Martin Luther King Jr. Day

- 9:00 - Flexible Fitness, RC2&3
- 9:30 - Flexible Fitness, Ch 88
- 10:00 - Bean Bags, SC
- 10:00 - *Cardio Drumming, WC
- 11:00 - *Body Balance, WC
- 11:30 - AL Chair Exercise, AL3FSR
- 1:00 - Blood Pressure Checks, AL2FSR
- 1:00 - Mahjong, CR
- 1:30 - AL Arts & Crafts, AL3FAR
- 2:00 - Current Events, RC3
- 3:00 - Bingo, RC1&2
- 3:00 - Chair Chi, Ch 88
- 7:00 - Floor Meetings, Y Lounges

***Note:**
When scheduling time in the Wellness Center, please adhere to your assigned time.

Tuesday - 01/21

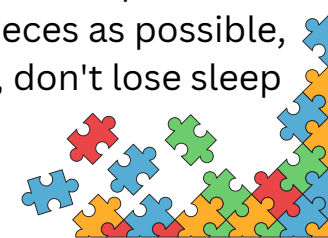
- 9:00 - Sit, Stand & Move!, RC2&3
- 9:30 - Sit and Fit, Ch 88
- 10:00 - Short Story, AL Theater: "The Selfish Giant" by Oscar Wilde
- 11:30 - AL Chair Exercise, AL3FSR
- 1:00 - Bunco Buddies, RC3
- 1:00 - Hands in Motion, WC
- 1:00 - Hands in Motion, Ch 88
- 2:00 - Line Dancing, AC
- 3:00 - Social Hour, CR



Annual Puzzle Competition

The contest is in full swing, and residents have already completed an impressive **29,180** pieces! The contest ends **January 31st**.

Work together to complete as many puzzle pieces as possible, but remember, don't lose sleep over it!



Wednesday - 01/22

- 9:00 - Flexible Fitness, RC2&3
- 9:30 - Flexible Fitness, Ch 88
- 9:30 - AL Bean Bags, AL3FSR
- 10:00 - Coffee, RC1&2: "Siskel, Ebert and YOU!" presented by Mary Lee Buffo
- 10:30 - AL Reminisce, AL3FSR
- 11:00 - *Advanced Balance, WC
- 11:30 - AL Chair Exercise, AL3FSR
- 1:00 - Let's Sing, AL Theater
- 1:00 - Open Art Studio, AC
- 1:00 - *Body Balance, WC
- 1:00 - Chair Yoga, Ch 88
- 1:00 - Hand & Foot Card Game, CR
- 2:00 - Rummikub Tile Game, RC2
- 2:00 - Bible Study with Dave Eaton, RC3
- 2:00 - Let's Play Dominoes, RC1
- 2:30 - A Matter of Balance, WC
- 3:00 - AL Bingo, AL3FSR
- 3:00 - Ping Pong with Chloe & Sara, AL2FWL



Call or email for an appointment.
Tuesday & Thursday
 9:00 a.m. - 4:30 p.m.
Wednesday
 9:00 a.m. - 3:00 p.m.

Lucas Williamson
 (309) 585-4887
tech@westminstervillageinc.com

Thursday - 01/23

- 9:00 - Morning Walk, AL Bistro
- 9:00 - Chair Dance, Ch 88
- 9:15 - Morning Walk, SC
- 10:00 - Coffee with Carolyn, AL Bistro
- 10:00 - Short Story, RC3: In honor of MLK day and Inauguration Day:
 1. "I Have a Dream" by Martin Luther King JR.
 2. "The First Presidential Inauguration" posted by the National Archives
 3. "The Inauguration" of George Washington from Historical Snapshots fictional short stories
- 10:00 - *Cardio Drumming, WC
- 11:30 - AL Chair Exercise, AL3FSR
- 1:00 - AL Blood Pressure Checks, AL3FSR
- 1:00 - Tech Talks, RC1
- 1:00 - Hands in Motion, WC
- 2:00 Silver Chords Rehearsal, RC3
- 3:00 - Open Euchre with Leah, AC
- 3:00 - Page Turners Book Club, RC2
- 3:00 - Social Hour, CR
- 3:00 - Shadow Boxing, Ch 88
- 7:00 - "Just a Little Dickens" presented by Crossroads Area Student Theater, SC

Friday - 01/24

- 9:00 - Sit, Stand & Move!, RC2 & 3
- 9:00 - Sit and Fit, Ch 88
- 10:00 - Bible Study, AL3FWL
- 10:00 - Coffee, RC1&2: Facility & Property Updates presented by Kevin Butler & Jen Trowbridge
- 11:00 - *Advanced Balance, WC
- 11:15 - Lunch at Jack's Restuarant Trip (Mediterranean Cuisine)
- 11:30 - AL Chair Exercise, AL3FSR
- 2:00 - Bridge, AL3FAR
- 2:00 - AL Floor Meeting & Social, AL3FSR
- 2:00 - Bingo, RC1&2
- 7:00 - Movie & Popcorn, RC1&2



Let's Play Dominoes

Gather for some friendly Mexican Train Dominoes. Come join the fun and enjoy tasty snacks. ALL skill levels are welcome!

January 22 | 2:00 p.m. | RC1

Saturday - 01/25

- 9:00 - Chair Chi, Ch 88
- 10:00 - Westminster Botany, AC: "Winter Pinching ...Planting for spring and amaryllis bulbs next stage"
- 1:00 - Open Art Studio Time, AC
- 2:00 - Bingo, AL3FSR
- 7:00 - At Home Entertainment, Ch 88
- 7:00 - Movie & Popcorn, RC1&2

Movie & Popcorn / At Home Entertainment

SUNDAY, Jan 19, 7:00 p.m., Ch 88
 "Elizabeth Taylor: The Lost Tapes" (2024, TV-MA) Biography, Documentary

FRIDAY, Jan. 3, 7:00 p.m., RC1&2:
 "West Side Story" (1961, TV-PG) Musical, Drama Romance

SATURDAY, Jan. 4, 7:00p.m.
 Ch 88: "King in the Wilderness" (2018, TV-14) Documentary, Biography

RC1&2: "Wallace & Gromit-Vengeance Most Fowl" (2025, PG) Some Action and Humor

SUNDAY, Jan. 5, 7:00 p.m., Ch 88
 "Waiting for God" (1990, Season 2, Episodes 3& 4) Comedy
 Episode 1: Tom and Diana divide.
 Episode 2: Mysterious thefts.

AC	Arts and Crafts
CR	Club Room
FFP	Foundation Fountain Park
FGW	Foundation Garden Walk
RC	Resident Center
RMR	Resident Meeting Room
SC	Social Center
WC	Wellness Center
AL	Assisted Living
2FEL	2nd Floor East Lounge
2FWL	2nd Floor West Lounge
2FSR	2nd Floor Sunroom
DR	Dining Room
3FAR	3rd Floor Art Room
3FCR	3rd Floor Card Room
3FSR	3rd Floor Sunroom
3FEL	3rd Floor East Lounge
3FWL	3rd Floor West Lounge
MPR	Health Center Multi-Purpose Room

Bargain Boutique Hours

Tuesday: 10:00 a.m. - 12:00 p.m.
 Wednesday: 1:00 p.m. - 3:00 p.m.
 Saturday: 9:00 a.m. - 12:00 p.m.